BRIGHT LIGHTS! by Cindy Goodman

Manifestation of Intention

An opening reception was held for the Seymour Art Gallery's latest exhibition, Steve Baylis: Manifestation of Intention, on Jan. 14. North Vancouver artist and Capilano University alumnus Steve Baylis combines a range of unique influences with his own driven spiritual inquiry. Drawing on a personal meditative practice, Baylis' work is informed by his own intuition, memory, experience, and feeling. Inspired by principles of theoretical physics, the Unified Field Theory in particular, Baylis' bold and intricate paintings both draw viewers in to investigate their rich details and send them back to consider the works as a whole, according to his artist bio. The pieces are, as Baylis describes them, complex expressions of a simple thought: "Each work is a gestalt - a carefully balanced visual whole; in focus, but free and moving." The exhibition runs until Feb. 24, with a free, Mindful Meditation for Beginners drop-in session in the gallery on Thursdays from 2 to 3 p.m. seymourartgallery.com



Exhibiting Seymour Art Gallery artist Steve Baylis, in front of one of his bold and intricate paintings



Maria Lake with her daughter Melina Lake Mitchell Rivett and Nao Hashizume





Former Seymour Art Gallery curator Sarah Cavanaugh with new curator and director Vanessa Black





Sam Jacobellis and Maria Chiesa

