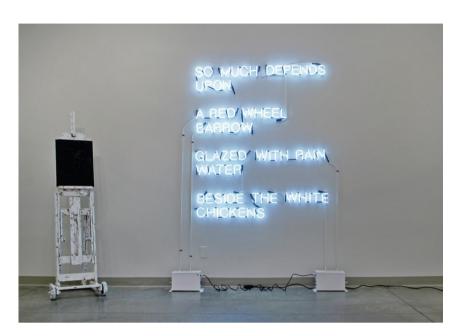
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5 things to do on the North Shore this weekend

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West Vancouver artist Pierre Coupey has a new exhibition at Seymour Art Gallery which explores his fascination with language. photo supplied

What do 26 ceramic plates each inscribed with a letter of the alphabet and a glowing neon light text-based installation that spits out William Carlos Williams' poetic masterpiece "The Red Wheelbarrow" all have in common? An intense fascination with language. In *Manifest/Trace*, West Vancouver artist Pierre Coupey's new exhibition at Seymour Art Gallery, a series of paintings and mixed-media pieces feature Coupey's homages to the importance of language and its intense impact on the world. The exhibition, which is on display until April 13, can be viewed between 10 a.m. and 5 p.m. this weekend.

That's the spirit! Early Spirit, a band exploring an innovative fusion of Celtic and North American fiddle music and jazz, is hosting an album release party tonight at Bluedog Guitars in North Vancouver from 7 to 9:30 p.m. The band features the talents of Jay Knutson on vocals and guitar, a Canadian pioneer in Celtic folk-rock as a former member of the acclaimed group Spirit of the West. Tickets: \$25

North Van Arts is kicking off the first of its Jazz Sundays this year by featuring the Brad Turner Quartet this Sunday at 119 East 3rd St. in North Vancouver. From 3 to 6 p.m., Turner, a Juno award-winning musician and composer, along with his band, will be delighting the crowd with their formidable improv skills and varied repertoire. Cost: \$10

It might not be planes, trains and automobiles, but North Vancouver Museum and Archives has plenty of <u>Ships, Spans and Streetcars</u> at its new exhibition. Subtitled "Designing Transportation on the North Shore," the exhibition explores the design process of transportation in North and West Vancouver through historical illustrations, models and photos on view at the archives at 3203 Institute Rd. The archives are open today and tomorrow until 5 p.m.

Have you ever wondered where water comes from? If you have, you can explore the connection between snow and your drinking water during a <u>watershed snowshoe tour at Mount Seymour this Sunday</u> from 10 a.m. to 1:30 p.m. Participants will join Metro Vancouver staff on a guided tour to the peaks overlooking Seymour Valley. Cost: \$18 with your own snowshoes. \$25 with snowshoe rental.

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